



MORE THAN A MEMBERSHIP

EXCLUSIVE BENEFITS FOR WAKEFIELD/LYNNFIELD
CHAMBER MEMBERS

**10% OFF
MEMBERSHIP**

**JOINER FEE
WAIVED**

**2 FREE PERSONAL
TRAINING SESSIONS**

MEMBERSHIP OPTIONS

MONTHLY RATE

SINGLE ADULT

1 adult on membership (young adult & adult options)

Starting at \$48.60

FAMILY MEMBERSHIPS

1-2 adults and dependent children 0-26 years of age living in the same household

Starting at \$71.10

Joiner Fee Waived

MEMBER BENEFITS

ACCESS MULTIPLE Ys

- » 13 YMCA of Greater Boston Locations
- » Ys across New England
- » Ys across country and world

FREE CHILD WATCH

- » Up to 2 hours per day with family memberships

PROGRAM DISCOUNT

- » 50% off programming
- » priority sign ups

FREE GROUP CLASSES

- » Zumba, Yoga, Spin and more!

CAMP DISCOUNTS

- » 3 different locations through the Burbank Y

THERES A Y IN EVERY FAMILY



Connecting with a group of people with similar fitness and wellness goals can increase your chances for success.

From low-impact exercise, stretching and strength training to indoor cycling, Zumba, water exercise, and yoga, the Y offers group exercise classes to suit every age, interest and

Our sports programs are a great way to get your child into sports and activities that may spark a lifelong love of exercise and teamwork. Where there's the Y, there's a way to play and grow as a person and an athlete.

Questions about youth programming and classes? Contact Jodi at jbourgeois@ymcaboston.org



Learn to swim and benefit from a variety of water fitness activities with our Aquatics programs. We offer lessons for all ages and skill levels. Where there's the Y, there's a way to be a strong swimmer and a confident person.

Questions about our swim program? Contact Syd at

FOR ALL OF OUR PROGRAMMING AND SCHEDULES GO TO:

www.ymcaboston.org/burbank